

VIBORG **KAMPSPORT**

PRESENTS

Budo Cup

Ashihara karate

SEPTEMBER 28,
2024



Budo cup 2024

September 28, 2024

Categories: Semi-contact, Moderated, and Knock Down.

Venue

Hald Ege Idrætscenter,
Birgittelystvej 2, 8800 Viborg, Denmark

About the tournament

We welcome all karate fighters, regardless of style and level, to our tournament. There is a category suitable for everyone - whether experienced or beginner. The tournament follows the Ashihara rules with some adjustments, and fighters can compete in Semi-contact, Moderated, or Knockdown. The three categories roughly differ as follows: In Semi-contact, thigh kicks are not allowed, while they are permitted in the other two categories. In both Semi-contact and Moderated, there is only light contact with kicks to the head and no knee strikes. This is not the case in Knockdown, where full-force kicks to the head - and knees - are allowed. One of the biggest differences between the Ashihara ruleset and many other contact karate styles is that holding, and takedowns are also allowed. However, one can only hold onto the opponent for up to 3 seconds and must immediately attempt a takedown or other scoring technique.

We hope to see a lot of fighters for a great tournament day.

We offer:

























- Digital fight plan, so you can follow along on your phone.
- Trophies for 1st, 2nd, and 3rd place.
- Sales booth with fighting equipment.
- Help finding accommodation (**Contact Mikkel Nørgaard via email: mikkel@viborgkampsport.dk**)

Rules

See the specific rule set for detailed regulations.

(Can be found at www.budocup.dk)

Protection:

Age	Gender	Gloves	Shin protectors	Helmet	Groin guard	Mouth guard	Chest protector	Body amour
9-15 years	Male							
	Female							
16-17 years	Male							
	Female							
18+ years	Male							
	Female							

* Body amour, gloves, and helmets are provided at the tatami.

* Chest protectors must be of the cup type.

Registration

Registration should be sent by club to budocup@viborgkampsport.dk along with payment

(Registration list can be downloaded from www.budocup.dk)

Price:

200 DKK per participant.

Payment shall be sent to:

IBAN number: DK3073963050618926

SWIFT address/BIC: VEHODK22

Deadline for registration:

August 28, 2024

More info

At www.budocup.dk you will find additional information about the tournament (rules, schedule, etc.)

If you have any questions, please feel free to email us at budocup@viborgkampsport.dk

Best regards,

Torsten Nielsen and Mikkel Nørgaard

MORE INFO:

www.budocup.dk

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